aea *Meteor* Track Club

2003 Season Best List / Multi-Event Competition - Update Season Ending 9/13/2003

		TRACK						ROAD				THROW			JUMP		MULTI-EVENT						
Div	Name	100	200	400	800 or 1200	1500 or Mile	3000 or 2Mi	5K	10K	H-Mar	Mar	DT	SP	JT	LJ	HJ	Season Pentathlete	Sprint,Road, Throw,Jump	Road Warrior	Pair of Throws	High Score	Total Points	Spot Award
Women																							19
W40	Long, Jennifer		31.9	77.6													10.	16.			13.	15.	13.
			(821)	(800)													(1621)	(821)			(821) 200	(1621)	<54>
W45	Meyer,Katie			71.8	2:42.0			24:28									8.	4.	9.		2.	11.	3.
				(858)	(882)			(819)R									(1740)	(1677)	(819)		(882) 800	(2559)	<40>
W20	Norton,Terita		31.1												14'05.75		12.	8.			12.	16.	7.
			(798)												(822)		(798)	(1620)			(822) LJ	(1620)	<48>
W50	Stockton,Chiquita		45.8		3:54.1			29:40	59:03	2:52:24	5:49:29						11.	12.	3.		16.	7.	8.
			(687)		(735)			(759)	(780)R	(685)	(698)						(1422)	(1467)	(2922)		(780) 10K	(4344)	<49>
Men																							
M30	Davis,Robert	14.0		54.7	2:11.0	4:28.4	4:57.2 10:48.0	17:45	36:19	1:26:19		66'03					5.	2.	4.	4.	7.	2.	4.
		(711)		(841)	(833)	(841)	(828) (779)	(813)	(830)	(801)		(744)					(3226)	(2415)	(2444)	(744)	(841) 400	(7193)	<46>
M35	Gore,Brian	12.6	23.7	53.2	2:07.0	3:22.8	4:36.3					79'08	22'07.5				-1-	6.		3.	-1-	4.	18.
		(805)	(873)R	(883)R	(876)	(873)R	(839)					(778)R	(733)				(4276)	(1661)		(1511)	(883) 400	(5787)	<61>
M30	Guerrini,Steve			56.7		3:30.7	4:54.8	18:28									6.	9.	10.		10.	8.	-1-
				(816)		(831)	(833)	(791)									(2480)	(1607)	(791)		(833) Mile	(3271)	<33>
M50	Hecht,Jim			73.8				21:13									13.	11.	11.		15.	17.	10.
				(734)				(782)									(734)	(1516)	(782)		(782) 5K	(1516)	<50>
M40	Kendall,Randy		26.6		2:16.2			21:20									9.	10.	12.		6.	12.	2.
			(813)		(852)			(740)									(1665)	(1553)	(740)		(852) 800	(2405)	<37>
M50	Lash,Greg	14.1	27.8	61.9	2:23.5	5:02.0									13'06.5		2.	5.			3.	6.	8.
		(795)R	(832)	(849)R	(867)	(853)									(818)		(4196)	(1667)			(867) 800	(5014)	<49>
M40	Morehart,James							18:38	37:38	1:30:06	3:01:32							15.	-1-		11.	9.	13.
								(811)	(832)	(796)	(817)							(832)	(3256)		(832) 10K	(3256)	<54>
M60	Morrison,Ken							25:19		2:07:47	5:15:07							18.	6.		17.	13.	13.
								(736)		(707)	(642)							(736)	(2085)		(736) 5K	(2085)	<54>
M35	Nibbelink,Bruce							18:13	38:53	1:30:51	3:13:17							17.	2.		14.	10.	17.
								(804)	(796)	(775)	(774)							(804)	(3149)		(804) 5K	(3149)	<60>
M40	Norwood,David	14.1	26.4	65.2	2:19.6	5:56.0	11:24.5	20:02		1:28:00		43'10			13'09.		4.	-1-	7.	5.	9.	-1-	5.
		(744)	(818)	(767)	(836)	(715)	(777)	(772)		(808)		(675)			(776)		(3880)	(3077)	(1580)	(675)	(836) 800	(7688)	<47>
M65	Olson,Terry											67'07	32'11.25					14.		2.	5.	14.	12.
												(793)	(855)R					(855)		(1648)	(855) SP	(1648)	<52>
M55	Sult,Wayne	18.6		85.7		6:36.0		24:43	51:00			89'04	28'09.5				7.	3.	8.	-1-	8.	5.	10.
		(623)		(671)		(722)		(725)	(737)			(840)R	(827)				(2016)	(2248)	(1462)	(1667)	(840) DT	(5145)	<50>
M55	Timmer,Bruce								63:00									19.	14.		19.	19.	19.
									(642)									(642)	(642)		(642) 10K	(642)	<71>
Associate Members																							
M40	Arenberg,Ed	13.4	26.1	58.7	2:13.9	5:22.0		18:16	38:37	1:28:56							3.	7.	5.		4.	3.	5.
		(783)	(827)	(837)	(863)	(769)		(822)	(818)	(802)							(4079)	(1659)	(2442)		(863) 800	(6521)	<47>
W35	Yu,Lily	21.4						31:10									14.	13.	13.		18.	18.	16.
		(630)						(694)									(630)	(1324)	(694)		(694) 5K	(1324)	<58>
W20	blank																						
Meteor Friends																							
W35	Andrea,Austin		31.0	69.5	2:53.1																		
			(815)	(835)	(811)												(2461)	(835)			(835) 400	(2461)	
W45	Nixon-Lash,Vivienne		33.8					23:13															
			(812)					(841)									(812)	(1653)	(841)		(841) 5K	(1653)	

Miscellaneous:
D.Norwood 19:57/3Mi, G.Lash 1:39.8/600m, W.Sult 24:24/3mi, K.Morrison 1:31:00/10mi, B.Nibbelink 30:46/5mi,1:02:36/15k,1:04:55/10mi, E.Arenberg 18:36/3mi

Footnotes:
R = Meteor Age Group Record;
( ) = Points using Franch Factor Point Scoring (ffpts);
<> = lowest score wins;
DT = Discus, SP=Shot Put, JT=Javelin, LJ=Long Jump, HJ=High Jump;
b = Birthday Age Group Change Adjusted Mark.

Multi-Event Scoring:
Season Pentathlete = sum of 5 events from 100, 200, 400, 800/1200, 1500/Mile;
Sprint,Road,Throw,Jump (SRTJ) = sum of 4 events with highest score from a Sprint (400m or shorter), Road, Throw, and Jump;
Road Warrior = sum of 4 Road events from 5K, 10K, H-Mar, Mar;
High Score = highest score of all Track, Road, Throw, Jump events;
Total Points = sum of all from Track, Road, Throw, Jump events;
Pair of Throws = sum of 2 from Throw events DT, SP, JT;
Spot Award = sum of 4 lowest Multi-Event places, must include any 1st-3rd scores (1st-3rd & blanks=total participants).

Be a part of the team! Forward your race results to: Track Club President: Brian.W.Gore@aero.org or Secretary: david.norwood@aero.org