

aea Meteor Track Club

Age Group Records - Update Season Ending 9/13/2003

\* = best mark

[www.aeclubs.org/meteors/stats/](http://www.aeclubs.org/meteors/stats/)

	100 Meters		200 Meters		400 Meters		800 Meters		
<b>M20</b>	Brian Gore	93 11.7	Brian Gore	93 23.4	Robert Davis	96 51.6*	Robert Davis	94 1:57.8*	<b>M20</b>
<b>M30</b>	Jeff Childs	87 11.0*	Jeff Childs	87 22.3*	Brian Gore	98 51.8	Brian Gore	99 2:02.6	<b>M30</b>
<b>M35</b>	James Barber	94 12.1	Brian Gore	03 23.7	Brian Gore	03 53.2	Brian Gore	02 2:04.9	<b>M35</b>
<b>M40</b>	David Norwood	02 12.8	David Norwood	02 25.8	David Norwood	00 57.1	Grea Lash	93 2:10.2	<b>M40</b>
<b>M45</b>	Dave Jones	95 13.8	Dave Jones	93 27.2	Grea Lash	99 60.4	Dave Jones	91 2:15.1	<b>M45</b>
<b>M50</b>	Grea Lash	03 14.1	Bruce Timmer	98 27.6	Grea Lash	03 61.9	Dave Jones	96 2:21.4	<b>M50</b>
<b>M55</b>	Wavne Sult	99 17.9	Karl Herina	90 31.7	Karl Herina	90 73.8	John Fevk	86 2:46.5	<b>M55</b>
<b>M60</b>	(available)		Luis Gorordo	99 31.7	Luis Gorordo	99 73.2	George Paulikas	97 3:23.0	<b>M60</b>
<b>W20</b>	Virginia Rogers	86 14.6	Terita Norton	98 28.7	Anita Boone	90 63.4	Anita Boone	90 2:21.4	<b>W20</b>
<b>W30</b>	Jennifer O'Connor	93 14.3*	Katie Cunningham	88 28.2*	Katie Cunningham	89 62.2*	Katie Cunningham	89 2:15.9*	<b>W30</b>
<b>W35</b>	Claudia Norwood	95 18.1	Jennifer O'Connor	97 29.8	Katie Cunningham	91 63.9	Katie Cunningham	92 2:23.5	<b>W35</b>
<b>W40</b>	C. Norwood-Fields	94 18.94	Katie Mever	97 31.4	Katie Mever	98 67.9	Katie Mever	00 2:34.8	<b>W40</b>
<b>W45</b>	(available)		Katie Mever	01 34.7	Katie Mever	01 69.9	Katie Mever	02 2:33.3	<b>W45</b>
<b>W50</b>	(available)		Carol Schauerman	91 36.8	Anne Timmer	01 89.2	Anne Timmer	98 3:48.3	<b>W50</b>
	1200 Meters		1500 Meters		Mile		3000 Meters		
<b>M20</b>	Robert Davis	95 3:11.6*	Robert Davis	95 4:03.1*	Robert Davis	94 4:27.9*	Robert Davis	95 9:09.6*	<b>M20</b>
<b>M30</b>	David Norwood	93 3:22.2	Bill Gail	90 4:16.1	Bill Gail	90 4:36.5	Garv McGraw	89 9:37.0	<b>M30</b>
<b>M35</b>	Brian Gore	03 3:22.8	David Norwood	96 4:20.3	David Norwood	95 4:39.9	David Norwood	95 9:41.9	<b>M35</b>
<b>M40</b>	Grea Lash	94 3:27.0	Grea Lash	94 4:34.4	Grea Lash (a)	97 5:07.7	Dave Jones	90 10:33.1	<b>M40</b>
<b>M45</b>	Luis Gorordo	84 3:55.5	Grea Lash	98 4:43.9	Luis Gorordo	85 5:03.1	Douglas Moodv	96 13:32.5	<b>M45</b>
<b>M50</b>	Luis Gorordo	89 3:58.2	Dave Jones	96 5:00.1	Luis Gorordo	90 5:25.1	Dave Jones	96 11:14.0	<b>M50</b>
<b>M55</b>	(available)		Karl Herina	90 6:01.7	Luis Gorordo	95 5:42.0	Karl Herina	90 13:46.6	<b>M55</b>
<b>W20</b>	Marilyn Dulev	83 4:59.5	Anita Boone	90 4:48.2	Anita Boone	91 5:28.0	(available)		<b>W20</b>
<b>W30</b>	Katie Cunningham	89 3:38.0*	Katie Cunningham	89 4:31.0*	Katie Cunningham	88 5:08.4*	Katie Cunningham	89 9:44.7*	<b>W30</b>
<b>W35</b>	Katie Cunningham	92 3:44.4	Claudia Norwood	95 7:50.6	Katie Cunningham	92 5:11.8	Claudia Norwood	95 18:28.0	<b>W35</b>
<b>W40</b>	(available)		Katie Mever (a)	00 5:10.3	(available)		(available)		<b>W40</b>
<b>W45</b>	(available)		(available)		Katie Mever	01 5:47.2	(available)		<b>W45</b>
<b>W50</b>	(available)		(available)		(available)		(available)		<b>W50</b>
	Two Mile		5 K		10 K		Half-Marathon		
<b>M20</b>	Garv McGraw	86 9:50.0*	Chris Jaegers	89 15:48*	Chris Jaegers	90 33:50*	Rob Carter	88 1:18:07*	<b>M20</b>
<b>M30</b>	David Norwood	94 10:19.6	David Norwood	93 16:34	David Norwood	92 34:51	David Norwood	91 1:18:25	<b>M30</b>
<b>M35</b>	David Norwood	95 10:39.7	David Norwood	95 16:28	David Norwood	95 34:59	James Morehart	98 1:22:44	<b>M35</b>
<b>M40</b>	Jim Hafford	88 11:01.5	James Morehart	99 17:02	Jim Hafford	88 35:48	James Morehart	99 1:19:40	<b>M40</b>
<b>M45</b>	Luis Gorordo	85 10:51.5	Luis Gorordo	85 17:44	Luis Gorordo	85 36:24	Luis Gorordo	87 1:22:51	<b>M45</b>
<b>M50</b>	Luis Gorordo	89 11:31.2	Luis Gorordo	89 18:41	Luis Gorordo	91 37:39	Steve Maer	85 1:32:30	<b>M50</b>
<b>M55</b>	Dick Leslie	85 12:11.6	Luis Gorordo	94 18:43	Luis Gorordo	95 39:11	Dick Leslie	87 1:28:51	<b>M55</b>
<b>M60</b>	(available)		John Fevk	87 19:20	John Fevk	88 41:22	John Fevk	87 1:29:45	<b>M60</b>
<b>W20</b>	Marilyn Dulev	83 14:13.0	Anita Boone	88 20:57	Katie Cunningham	84 38:52*	Katie Cunningham	85 1:29:50*	<b>W20</b>
<b>W30</b>	Katie Cunningham	89 11:37.5*	Katie Cunningham	88 18:05*	Becky Urrea	85 59:08	Jennifer O'Connor	-- 1:40:15	<b>W30</b>
<b>W35</b>	C. Norwood-Fields	89 17:53.0	C. Norwood-Fields	88 26:34	Claudia Norwood	95 63:45	D. Cirilo-Parker	88 1:56:11	<b>W35</b>
<b>W40</b>	(available)		Molina Hills	00 23:11	(available)		(available)		<b>W40</b>
<b>W45</b>	(available)		Katie Mever	03 24:28	Joann Ballv	85 55:11	(available)		<b>W45</b>
<b>W50</b>	(available)		Joann Ballv	88 26:52	Chiquita Stockton	03 59:03	Joann Ballv	88 2:06:08	<b>W50</b>
	Marathon		Shot Put		Discus Throw		Javelin Throw		
<b>M20</b>	Bernie Yoo	01 4:25:12	Brian Gore	95 25'07.5	Robert Davis	96 61'08	Robert Davis	97 70'00	<b>M20</b>
<b>M30</b>	David Norwood	93 2:47:08*	Brian Trebelcock	93 33'06. *	Randy Kendall	96 76'06	Brian Gore	99 101'01*	<b>M30</b>
<b>M35</b>	James Morehart	98 2:47:48	James Barber	95 31'01.5	Brian Gore	03 79'08*	Brian Gore	02 97'00	<b>M35</b>
<b>M40</b>	James Morehart	00 2:51:02	Brian Lenertz	96 26'11.5	Grea Lash	97 63'02	David Norwood	02 77'05	<b>M40</b>
<b>M45</b>	Jesse Cook	86 2:52:26	Peter Bright	85 28'02.	Grea Lash	02 60'03	Grea Lash	99 92'05	<b>M45</b>
<b>M50</b>	Donald Crolev	87 3:03:51	Wavne Sult	96 31'08.5	Wavne Sult	98 78'09	(available)		<b>M50</b>
<b>M55</b>	Dick Leslie	87 3:15:24	Bruce Timmer	01 32'07.75	Wavne Sult	03 89'04	Wavne Sult	99 88'07	<b>M55</b>
<b>M60</b>	John Fevk	87 3:19:03	Don O'Bell	89 36'05.	Terry Olson	97 82'00	(available)		<b>M60</b>
<b>M65</b>	(available)		Terry Olson	03 32'11.25	Bill Kruse	96 84'09	(available)		<b>M65</b>
<b>W20</b>	(available)		(available)		(available)		(available)		<b>W20</b>
<b>W30</b>	Katie Cunningham	86 3:16:58*	(available)		Jennifer O'Connor	94 52'02*	(available)		<b>W30</b>
<b>W35</b>	Sari Caratozolo	86 3:47:08	Claudia Norwood	93 16'06. *	Claudia Norwood	93 39'01	(available)		<b>W35</b>
<b>W40</b>	Belinda Holquin	95 4:02:40	(available)		(available)		(available)		<b>W40</b>
<b>W45</b>	(available)		(available)		(available)		(available)		<b>W45</b>
<b>W50</b>	Joann Ballv	87 4:26:31	(available)		(available)		(available)		<b>W50</b>
	Long Jump		High Jump						
<b>M20</b>	Brian Gore	96 17'08.	Larry Ward	85 5'06*					<b>M20</b>
<b>M30</b>	Brian Gore	98 18'02.75	Grea Lash	86 5'04					<b>M30</b>
<b>M35</b>	Dan Orozco	86 19'00.25*	Dan Orozco	86 5'02					<b>M35</b>
<b>"</b>			Grea Lash	88 "					<b>"</b>
<b>M40</b>	Brian Lenertz	96 16'05.25	Brian Lenertz	96 5'02					<b>M40</b>
<b>M45</b>	Grea Lash	99 12'11.5	(available)						<b>M45</b>
<b>M50</b>	Bruce Timmer	98 13'11.25	(available)						<b>M50</b>
<b>M55</b>	(available)		(available)						<b>M55</b>
<b>W20</b>	Terita Norton	99 16'05.5 *	Marcie Homer	87 4'02*					<b>W20</b>
<b>W30</b>	Teresa Moore	99 10'10.	(available)						<b>W30</b>
<b>W35</b>	Evelyn Davalos	94 8'01.75	(available)						<b>W35</b>
<b>W40</b>	C. Norwood-Fields	94 7'10.	(available)						<b>W40</b>
<b>W45</b>	(available)		(available)						<b>W45</b>
<b>W50</b>	(available)		(available)						<b>W50</b>



aea Meteor Track Club

All Time Best List - Update Season Ending 9/13/2003

	3000 Meters		Two Mile		5 K		10 K		Half-Marathon		Marathon	
	<i>Men Open</i>		<i>Men Open</i>		<i>Men Open</i>		<i>Men Open</i>		<i>Men Open</i>		<i>Men Open</i>	
1	Robert Davis	95 9:09.6	Gary McGraw	86 9:50.0	Chris Jagers	89 15:46	Chris Jagers	89 33:50	Rob Carter	88 1:18:07	David Norwood	93 2:47:08
2	Gary McGraw	89 9:37.0	Chris Jagers	89 9:52.0	Robert Davis	95 15:59	Robert Davis	95 34:19	David Norwood	91 1:18:25	James Morehart	99 2:47:48
3	David Norwood	95 9:41.9	Robert Davis	94 9:52.7	Dan Fernandez	87 16:20	David Norwood	92 34:51	James Morehart	99 1:19:40	Jesse Cook	86 2:52:26
4	Greg Lash	89 9:53.4	David Norwood	94 10:19.6	David Norwood	95 16:28	Jim Hafford	88 35:48	Luis Gorordo	87 1:22:51	Jim Hafford	86 2:59:24
5	Brian Gore	95 10:02.1	Rob Carter	89 10:38.1	Gary McGraw	89 16:41	Jesse Cook	84 35:50	Jesse Cook	85 1:23:02	Dave Jones	86 3:03:12
6	Randy Kendall	95 10:15.6	Dave Schmitt	83 10:39.5	James Morehart	99 17:02	James Morehart	99 35:50	Jim Hafford	87 1:23:07	Donald Croley	87 3:03:51
7	David Jones	90 10:33.1	Luis Gorordo	85 10:51.5	Rob Carter	89 17:05	Rob Carter	89 35:52	Geoffrey Smit	85 1:25:55	Geoffrey Smit	87 3:10:48
8	Gary Hellinga	90 10:56.0	Jim Hafford	86 11:01.0	Keith Hathaway	84 17:06	Luis Gorordo	85 36:24	Robert Davis	03 1:26:19	Bruce Nibbelink	03 3:13:17
9	Luis Gorordo	90 11:33.1	Bob Holguir	83 11:05.5	Greg Lash	89 17:31	Dave Jones	86 37:01	Greg Lash	87 1:26:38	Luis Gorordo	86 3:13:41
10	Wayne Sult	96 12:11.7	Greg Lash	87 11:06.1	Jim Hafford	87 17:37	Dick Schnare	85 37:30	Randy Kendall	88 1:28:40	Dick Leslie	87 3:15:24
11	Douglas Moody	96 13:32.5	David Jones	87 11:06.8	Luis Gorordo	85 17:44	Quint Cassen	85 37:45	Dick Leslie	87 1:29:51	John Feyk	86 3:16:29
12			Keith Hathaway	83 11:08.5	Randy Kendall	89 17:47	Greg Lash	89 38:10	John Feyk	87 1:29:45	Greg Lash	88 3:16:58
13			Randy Kendall	89 11:11.9	Don Masturzo	86 17:47	Bruce Nibbelink	03 38:53	Bruce Nibbelink	03 1:30:51	Timothy Stark	00 3:17:36
14			Quent Cassen	85 11:27.5	Brian Gore	96 18:01	Jim Hecht	86 39:00	Steve Mager	85 1:32:30	Mak King	87 3:18:12
15			Eric Parham	85 11:37.5	Gary Hellinga	94 18:11	Randy Kendall	89 39:00	Bernie Yoo	01 1:33:55	Steve Mager	88 3:26:52
16			Jim Hecht	85 11:53.0	Bruce Nibbelink	03 18:13	Gary Hellinga	89 39:02	Timothy Stark	02 1:34:02	Wayne Sult	92 3:27:43
17			Dan Peplinski	85 12:01.0	Timothy Garmoe	98 18:21	John Feyk	86 39:14	Wayne Sult	92 1:35:31	Karl Hering	86 3:27:55
18			Robert Davis	83 12:04.0	Doug Wells	86 18:22	Doug Wells	86 39:27	Ken Morrison	88 1:37:51	Wayne Otsuki	86 3:38:11
19			Brian Gore	98 12:04.7	Steve Guerrini	03 18:28	Dick Leslie	88 40:23	Don Masturzo	87 1:38:25	Mark Shapiro	95 3:42:30
20			Cur LaMack	85 12:09.1	Jesse Cook	87 18:32	Kirk Nygren	91 40:47	Karl Hering	87 1:40:33	Patrick Moran	86 3:44:17
	<i>Men 30-39</i>		<i>Men 30-39</i>		<i>Men 30-39</i>		<i>Men 30-39</i>		<i>Men 30-39</i>		<i>Men 30-39</i>	
1	Gary McGraw	89 9:37.0	David Norwood	94 10:19.6	David Norwood	95 16:28	David Norwood	92 34:51	David Norwood	91 1:18:25	David Norwood	93 2:47:08
2	David Norwood	95 9:41.9	Gary McGraw	89 10:46.5	Gary McGraw	89 16:41	James Morehart	99 35:59	James Morehart	99 1:22:44	James Morehart	99 2:47:48
3	Greg Lash	89 9:53.4	Jim Hafford	86 11:01.0	Robert Davis	01 16:51	Jim Hafford	86 36:02	Robert Davis	03 1:26:19	Jim Hafford	86 2:59:24
4	Randy Kendall	95 10:15.6	Greg Lash	87 11:06.1	James Morehart	97 17:30	Robert Davis	03 36:19	Greg Lash	87 1:26:38	Bruce Nibbelink	03 3:13:17
5	Robert Davis	03 10:48.0	Jim Hecht	85 11:53.0	Greg Lash	89 17:31	Greg Lash	89 38:10	Bruce Nibbelink	03 1:30:51	Greg Lash	88 3:16:58
6	Gary Hellinga	90 10:56.0	Dan Peplinski	85 12:01.0	Don Masturzo	86 17:47	Bruce Nibbelink	03 38:53	Don Masturzo	87 1:38:25	Ray Gomez-Bravo	87 4:11:01
7	Brian Gore	97 11:37.0	Brian Gore	98 12:04.7	Randy Kendall	96 17:50	Jim Hecht	86 39:00	Dan Peplinski	86 1:41:40	Dan Peplinski	87 6:26:55
8			Don Masturzo	85 12:20.0	Gary Hellinga	94 18:11	Randy Kendall	98 39:30	Ray Gomez-Bravo	87 1:44:40	Ray Gomez-Bravo	
9			Ray Gomez-Bravo	85 12:46.8	Bruce Nibbelink	03 18:13	Kirk Nygren	91 40:47				
10			Bill Hatton	90 13:04.9	Brian Gore	99 18:25	Dave Schmitt	86 42:08				
	<i>Men 40-49</i>		<i>Men 40-49</i>		<i>Men 40-49</i>		<i>Men 40-49</i>		<i>Men 40-49</i>		<i>Men 40-49</i>	
1	Dave Jones	90 10:33.1	Luis Gorordo	85 10:51.5	James Morehart	99 17:02	Jim Hafford	88 35:48	James Morehart	99 1:19:40	James Morehart	00 2:51:02
2	Greg Lash	97 10:43.6	Jim Hafford	88 11:01.5	David Norwood	00 17:33	Jesse Cook	84 35:50	Luis Gorordo	87 1:22:51	Jesse Cook	86 2:52:26
3	David Norwood	02 11:22.8	Dave Jones	87 11:06.8	Jim Hafford	87 17:37	James Morehart	99 35:50	Jesse Cook	85 1:23:01	Jim Hafford	87 2:59:42
4	Douglas Moody	96 13:32.5	Quent Cassen	85 11:27.5	Luis Gorordo	85 17:44	Luis Gorordo	85 36:24	Jim Hafford	87 1:23:07	Dave Jones	86 3:03:12
5			Greg Lash	98 12:06.3	Jesse Cook	87 18:32	Dave Jones	86 37:01	Geoffrey Smit	85 1:25:55	Geoffrey Smit	87 3:10:48
6					Greg Lash	98 18:48	Dick Schnare	85 37:01	David Norwood	03 1:28:00	Luis Gorordo	86 3:13:41
7					Jim Hecht	92 19:17	Quint Cassen	85 37:45	Timothy Stark	02 1:34:02	Timothy Stark	00 3:17:36
8					Kirk Nygren	97 19:36	David Norwood	00 38:59	Wayne Sult	92 1:35:31	Mak King	87 3:18:12
9					Timothy Stark	00 19:38	Jim Hecht	96 39:05	Ken Morrison	88 1:37:51	Wayne Sult	92 3:27:43
10					Wayne Sult	93 19:58	Greg Lash	96 40:06	Wayne Otsuki		Wayne Otsuki	86 3:38:11
	<i>Men 50-59</i>		<i>Men 50-59</i>		<i>Men 50-59</i>		<i>Men 50-59</i>		<i>Men 50-59</i>		<i>Men 50-59</i>	
1	Dave Jones	96 11:14.0	Luis Gorordo	89 11:31.2	Luis Gorordo	89 18:41	Luis Gorordo	89 37:39	Dick Leslie	87 1:28:51	Donald Croley	87 3:03:51
2	Luis Gorordo	90 11:33.1	Dick Leslie	83 12:04.0	Jesse Cook	92 19:24	Jesse Cook	91 38:38	Steve Mager	85 1:32:30	Jesse Cook	92 3:05:25
3	Wayne Sult	96 12:11.7	Karl Hering	85 12:14.5	Bruce Timmer	96 19:28	John Feyk	86 39:14	Wayne Sult	98 1:40:05	Dick Leslie	87 3:15:24
4			Wayne Sult	94 13:55.0	Jim Hecht	00 19:52	Dick Leslie	88 40:23	Karl Hering	87 1:40:33	John Feyk	86 3:16:29
5			Steve Burrin	94 14:20.0	Dick Leslie	87 20:18	Bruce Timmer	96 41:16	Bruce Timmer	96 1:40:59	Steve Mager	88 3:26:52
6			George Paulikas	94 18:30.0	Wayne Sult	97 20:24	Wayne Sult	95 41:53	Steve Burrin	95 1:45:30	Karl Hering	86 3:27:55
7					Karl Hering	87 20:55	Karl Hering	85 43:47	Bill Hiatt	01 1:57:00	Mak King	95 3:37:59
8					Steve Mager	88 22:47	Steve Mager	86 44:28	Steve Robinson	87 2:08:30	Wayne Sult	95 3:44:25
9					Bill Hiatt	02 23:46	Steve Burrin	95 45:59			George Paulikas	87 3:50:58
10					Jim Hafford	97 24:01	Bill Hiatt	01 48:45			Edwin Travers	86 3:53:53
	<i>Men 60+</i>		<i>Men 60+</i>		<i>Men 60+</i>		<i>Men 60+</i>		<i>Men 60+</i>		<i>Men 60+</i>	
1					Feyk,John	87 19:20	John Feyk	88 41:22	John Feyk	87 1:29:45	John Feyk	87 3:19:03
2					Cook,Jesse	00 19:59	Steve Mager	95 49:19	Ken Morrison	03 2:07:47	Karl Hering	96 3:47:59
3					Gorordo,Luis	99 20:55					Steve Mager	95 3:51:00
4					Hering,Karl	96 22:09					Bill Hayden	87 4:22:02
5					Ken Morrison	03 25:19					Ken Morrison	03 5:15:07
	<i>Women Open</i>		<i>Women Open</i>		<i>Women Open</i>		<i>Women Open</i>		<i>Women Open</i>		<i>Women Open</i>	
1	Katie Cunningham	89 9:44.7	Katie Cunningham	86 11:37.5	Katie Cunningham	88 18:05	Katie Cunningham	84 38:52	Katie Cunningham	85 1:29:50	Katie Cunningham	86 3:16:58
2	Claudia Norwood	95 18:28.0	Meryluy Duley	83 14:13.0	Jennifer O'Connor	94 20:43	Anita Boone	89 42:06	Jennifer O'Connor	93 1:40:15	Sari Caratuzolo	86 3:47:08
3			Anita Boone	94 14:50.0	Dianne Coleman	88 20:57	Dianne Coleman	89 48:00	Anita Boone	88 1:45:37	Belinda Holguir	95 4:02:40
4			Suzanne Brooks	85 16:08.6	Dianne Coleman	88 21:23	Virginia Rogers	85 52:13	Elizabeth Ewen	86 1:50:28	Joann Bally	87 4:26:31
5			Becky Urrea	88 16:25.4	Malina Hills	89 21:40	Elizabeth Ewen	85 53:09	Mary Guerrero	86 1:50:28	Chiquita Stockton	03 5:49:29
6			C. Norwood-Fields	89 17:53.0	Joanne Konrad	87 21:44	Joann Bally	85 55:11	D. Cirilo-Parker	88 1:56:11	Claudia Norwood	94 6:24:36
7			DeeDee Ward	94 18:35.0	Meryluy Duley	83 22:10	Chiquita Stockton	03 59:03	Joanne Bally	88 2:06:08		
8			Terri Berkheimer	85 20:09.5	Belinda Holguir	86 22:36	Becky Urrea	85 59:08	Sandy Elwell	87 2:19:36		
9			Claudia Norwood	94 20:35.0	Ann Woodin	87 22:50	Claudia Norwood	94 63:45	Claudia Norwood	95 2:49:19		
10					Marnie Newton	92 24:04	Evelyn Davalos	95 69:03	Chiquita Stockton	03 2:52:24		
11					Margie Homer	86 24:29						
12					Joann Bally	86 26:02						
13					Becky Urrea	88 26:24						
14					C. Norwood-Fields	88 26:34						
15					Evelyn Davalos	94 27:08						
16					Teresa Moore	99 28:04						
17					Ivy Harrell	96 28:06						
18					Sandy Elwell	87 28:09						
19					Nicki Nelson	98 28:15						
20					Carol Schauerman	92 28:26						
	<i>Women 30-39</i>		<i>Women 30-39</i>		<i>Women 30-39</i>		<i>Women 30-39</i>		<i>Women 30-39</i>		<i>Women 30-39</i>	
1	Katie Cunningham	89 9:44.7	Katie Cunningham	89 11:37.5	Katie Cunningham	88 18:05	Becky Urrea	85 59:08	Jennifer O'Connor	93 1:40:15	Katie Cunningham	86 3:16:58
2	Claudia Norwood	95 18:28.0	Jennifer O'Connor	94 14:50.0	Jennifer O'Connor	94 20:43	Claudia Norwood	95 63:45	D. Cirilo-Parker	88 1:56:11	Sari Caratuzolo	86 3:47:08
3			Suzanne Brooks	85 16:08.6	Malina Hills	89 21:40	Evelyn Davalos	95 69:03	Claudia Norwood	95 2:49:19	Claudia Norwood	94 6:24:36
4			Becky Urrea	88 16:25.4	Belinda Holguir	86 22:36						
5			C. Norwood-Fields	89 17:53.0	Ann Woodin	87 22:50						
6			DeeDee Ward	94 18:35.0	Becky Urrea	88 26:24						
7			Terri Berkheimer	85 20:09.5	C. Norwood-Fields	88 26:34						
8			Claudia Norwood	94 20:35.0	Evelyn Davalos	94 27:08						
9												



aea Meteor Track Club

All Time Multi-Events Performances

Update Season Ending 9/13/2003

	Season Pentathlete		Sprint,Road,Throw,Jump		Road Warrior		High Score		Total Points		Pair of Throws	
	<i>Men</i>	<i>ffpts</i>	<i>Men</i>	<i>ffpts</i>	<i>Men</i>	<i>ffpts</i>	<i>Men</i>	<i>ffpts</i>	<i>Men</i>	<i>ffpts</i>	<i>Men</i>	<i>ffpts</i>
1	Gore,Brian	98 4314	Lash,Greg	99 3237	Morehart,James	99 3425	Childs,Jeff	87 905	Norwood,David	96 9674	Timmer,Bruce	01 1691
2	Davis,Robert	95 4303	Gore,Brian	96 3237	Leslie,Dick	87 3353	Davis,Robert	95 904	Davis,Robert	99 9372	Olson,Terry	02 1684
3	Lash,Greg	03 4196	Norwood,David	96 3234	Hafford,Jim	87 3342	Gore,Brian	02 887	Lash,Greg	98 8867	Sult,Wayne	99 1677
4	Norwood,David	95 4193	Davis,Robert	99 3161	Nibbelink,Bruce	03 3149	Feyk,John	87 885	Morehart,James	97 8220	Kruse,Bill	97 1659
5	Jones,Dave	96 4159	Kendall,Randy	95 3147	Sult,Wayne	92 3119	McGraw,Gary	86 884	Gore,Brian	98 8155	Lash,Greg	99 1601
6	Kendall,Randy	95 4051	Sult,Wayne	99 2982	Mager,Steve	88 3093	Lash,Greg	94 882	Kendall,Randy	95 7946	Barber,James	95 1560
7	Masturzo,Don	85 3906	Morehart,James	97 2927	Feyk,John	87 2623	Jones,Dave	91 882	Hering,Karl	85 6970	Morrison,Ken	01 1543
8	Bickford,Paul	88 3905	Barber,James	95 2481	Gorordo,Luis	85 2590	Jaguers,Chris	89 881	Hafford,Jim	87 6553	Gore,Brian	02 1543
9	Bright,Peter	87 3822	Timmer,Bruce	98 2470	Norwood,David	93 2547	Norwood,David	95 881	Jones,Dave	86 6468	Kendall,Randy	94 1539
10	Hering,Karl	85 3796	Lenertz,Brian	96 2444	Davis,Robert	03 2444	Gorordo,Luis	95 876	Sult,Wayne	99 6026	Gorordo,Luis	99 1535
11	Gustafson,Chuck	96 3779	Gorordo,Luis	99 2432	Timmer,Bruce	96 2429	Fernandez,Dan	87 875	Gustafson,Chuck	96 6012	Nygren,Kirk	02 1533
12	La Mack,Curt	87 3618	Nygren,Kirk	92 2353	Hering,Karl	87 2348	Kendall,Randy	98 874	Gorordo,Luis	85 5964	Norwood,David	02 1508
13	Peplinski,Dan	87 3493	Gustafson,Chuck	95 2336	Stark,Timothy	00 2312	Gail,Bill	90 873	Peplinski,Dan	85 5743	Davis,Robert	96 1467
14	Gomez-Bravo,Ray	85 3481	Hering,Karl	85 2319	Burrin,Steve	95 2250	Cook,Jesse	86 869	Gomez-Bravo,Ray	85 5700	Jones,Dave	95 1453
15	Carter,Rob	89 3187	Yoo,Bernie	01 2248	Yoo,Bernie	01 2170	Orozco,Dan	86 868	Carter,Rob	89 5689	Gustafson,Chuck	96 1447
16	Day,Mike	86 3178	Sebo,Dan	00 2239	Hiatt,Bill	02 2152	Leslie,Dick	87 865	La Mack,Curt	89 5641	Morehart,James	97 1379
17	Ogai,John	85 3161	Morrison,Ken	01 2221	Morrison,Ken	03 2085	Smit,Geoffrey	91 865	Leslie,Dick	87 5002	O'Bell,Don	89 854
18	Bohman,Roll	89 3119	Olson,Terry	85 2201	Moody,Douglas	96 2065	Mshar,Jim	93 864	Barber,James	95 4855	Bright,Peter	85 818
19	Morrison,Bob	85 3076	Moody,Douglas	96 2078	Jaguers,Chris	89 1761	Morehart,James	89 862	Masturzo,Don	85 4656	Trebelcock,Brian	93 815
20	Garmoe,Timothy	98 3075	Mshar,Jim	93 1680	Cook,Jesse	86 1732	Hafford,Jim	88 860	Yoo,Bernie	01 4386	Lenertz,Brian	96 786
	<i>Women</i>		<i>Women</i>		<i>Women</i>		<i>Women</i>		<i>Women</i>		<i>Women</i>	
1	Meyer(Cunningham),Katie	86 4289	Moore,Teresa	99 2886	Stockton,Chiquita	03 2922	Meyer(Cunningham),Katie	89 934	Cross(Norwood),Claudia	95 7638	Cross(Norwood),Claudia	93 1476
2	Coleman,Dianne	89 3969	Cross(Norwood),Claudia	95 2819	Cross(Norwood),Claudia	95 2067	Boone,Anita	90 897	Meyer(Cunningham),Katie	85 6895	O'Connor,Jennifer	94 767
3	Woodin,Ann	86 3903	O'Connor,Jennifer	94 2447	Meyer(Cunningham),Katie	85 1755	Norton,Terita	99 867	Homer,Margie	87 6123	Moore,Teresa	99 677
4	Homer,Margie	87 3840	Homer,Margie	87 2345	Boone,Anita	88 1657	O'Connor,Jennifer	93 849	Coleman,Dianne	89 4776		
5	Cross(Norwood),Claudia	95 3508	Davalos,Evelyn	94 2197	Holguin,Belinda	96 1604	Watts,Myra	87 836	Woodin,Ann	86 4706		
6	Boone,Anita	90 3477	Norwood-Fields,Carmelita	94 2105	Bally,Joann	88 1594	Coleman,Dianne	88 833	Stockton,Chiquita	03 4344		
7	O'Connor,Jennifer	93 2516	Meyer(Cunningham),Katie	89 1780	Ewens,Elizabeth	86 1564	Homer,Margie	86 832	Boone,Anita	88 4139		
8	Watts,Myra	87 2439	Boone,Anita	89 1718	Cirilo-Parker,D.	88 1527	Bixler(Rogers),Virginia	87 829	Moore,Teresa	99 3628		
9	Bixler(Rogers),Virginia	87 2426	Norton,Terita	98 1706	Bixler(Rogers),Virginia	85 1481	Nygren(Konrad),Joanne	90 827	Urrea,Becky	88 3547		
10	Hills,Molina	01 2368	Coleman,Dianne	88 1651	Elwell,Sand	87 1437	Coxson,Pam	88 827	Norwood-Fields,Carmelita	94 3492		
11	Morrison,Alycia	85 2218	Nygren(Konrad),Joanne	90 1649	O'Connor,Jennifer	94 847	Hicks,Judy	84 826	O'Connor,Jennifer	93 3351		
12	Urrea,Becky	85 2174	Hills,Molina	00 1605	Coleman,Dianne	88 833	Hills,Molina	00 823	Duley,Merilyn	83 3119		
13	Norwood-Fields,Carmelita	94 2092	Woodin,Ann	86 1604	Nygren(Konrad),Joanne	90 827	Duley,Merilyn	83 818	Davalos,Evelyn	94 2959		
14	Norton,Terita	99 1648	Schauerman,Carol	92 1568	Hills,Molina	00 823	Holguin,Belinda	96 817	Norton,Terita	99 2515		
15	Nygren(Konrad),Joanne	92 1644	Duley,Merilyn	83 1559	Duley,Merilyn	83 818	Bally,Joann	92 809	Nygren(Konrad),Joanne	90 2464		
16	Coxson,Pam	88 1642	Bixler(Rogers),Virginia	85 1542	Caratozolo,Sari	86 808	Caratozolo,Sari	86 808	Watts,Myra	87 2439		
17	Davalos,Evelyn	96 1573	Holguin,Belinda	96 1533	Woodin,Ann	87 806	Woodin,Ann	87 806	Bixler(Rogers),Virginia	87 2426		
18	Ewens,Elizabeth	83 1543	Bally,Joann	88 1505	Guerrero,Mary	86 797	Ewens,Elizabeth	86 797	Hills,Molina	01 2368		
19	Grant,Dawn	85 1524	Stockton,Chiquita	03 1467	Schauerman,Carol	92 796	Schauerman,Carol	92 796	Holguin,Belinda	96 2320		
20	Timmer,Anne	01 1512	Urrea,Becky	85 1466	Newton,Marne	92 785	Schauerman,Carol	92 796	Bally,Joann	88 2301		
	<b>Yearly Leaders</b>		<b>Yearly Leaders</b>		<b>Yearly Leaders</b>		<b>Yearly Leaders</b>		<b>Yearly Leaders</b>		<b>Yearly Leaders</b>	
	<i>Men/Women</i>		<i>Men/Women</i>		<i>Men/Women</i>		<i>Men/Women</i>		<i>Men/Women</i>		<i>Men/Women</i>	
	Gore,Brian	03 4276	Norwood,David	03 3077	Morehart,James	03 3256	Gore,Brian	03 883	Norwood,David	03 7688	Sult,Wayne	03 1667
	Gore,Brian	02 4241	Norwood,David	02 3204	Morehart,James	02 3280	Meyer,Katie	02 910	Norwood,David	02 9530	Olson,Terry	02 1684
	Davis,Robert	01 4150	Norwood,David	01 3053	Morehart,James	01 3322	Meyer,Katie	01 880	Davis,Robert	01 7249	Timmer,Bruce	01 1691
	Gore,Brian	00 4203	Lash,Greg	00 2423	Morehart,James	00 3377	Meyer,Katie	00 896	Norwood,David	00 4993	Lash,Greg	00 1529
	Gore,Brian	99 4263	Lash,Greg	99 3237	Morehart,James	99 3426	Meyer,Katie	99 882	Davis,Robert	99 9372	Sult,Wayne	99 1677
	Gore,Brian	98 4314	Lash,Greg	98 3230	Morehart,James	98 3263	Meyer,Katie	98 881	Norwood,David	98 9376	Olson,Terry	98 1614
	Gore,Brian	97 4230	Norwood,David	97 3115	Morehart,James	97 3267	Davis,Robert	97 877	Norwood,David	97 8530	Kruse,Bill	97 1659
	Davis,Robert	96 4264	Gore,Brian	96 3237	Timmer,Bruce	96 2429	Davis,Robert	96 891	Norwood,David	96 9674	Kruse,Bill	96 1656
	Davis,Robert	95 4303	Norwood,David	95 3207	Gorordo,Luis	95 2485	Davis,Robert	95 904	Norwood,David	95 8973	Barber,James	95 1560
	Gore,Brian	94 4289	O'Connor,Jennifer	94 2447	Norwood,David	94 1569	Davis,Robert	94 902	Norwood,David	94 7165	Sult,Wayne	94 1576
	Gore,Brian	93 4241	Sult,Wayne	93 2350	Norwood,David	93 2547	Davis,Robert	93 885	Norwood,David	93 5917	Sult,Wayne	93 1542
	Jones,Dave	92 3976	Nygren,Kirk	92 2353	Sult,Wayne	92 3119	Cunningham,Katie	92 912	Jones,Dave	92 3976	Olson,Terry	92 1584
	Davis,Robert	91 2618	Gorordo,Luis	91 1678	Gorordo,Luis	91 867	Davis,Robert	91 890	Davis,Robert	91 2618	O'Bell,Don	91 784
	Boone,Anita	90 3477	Nygren(Konrad),Joanne	90 1649	Jaguers,Chris	90 862	Boone,Anita	90 897	Jones,Dave	90 4199		
	Kendall,Randy	89 4049	Meyer(Cunningham),Katie	89 1780	Jaguers,Chris	89 1751	Cunningham,Katie	89 934	Kendall,Randy	89 6455	O'Bell,Don	89 854
	Cunningham,Katie	88 4288	Lash,Greg	88 2406	Mager,Steve	88 3093	Cunningham,Katie	88 908	Lash,Greg	88 5683	O'Bell,Don	88 829
	Norwood,David	87 4136	Lash,Greg	87 2411	Leslie,Dick	87 3353	Childs,Jeff	87 905	Lash,Greg	87 7944	Olson,Terry	87 789
	Cunningham,Katie	86 4289	Meyer(Cunningham),Katie	86 1738	Cook,Jesse	86 1732	Cunningham,Katie	86 899	Jones,Dave	86 6468	Bright,Peter	86 814

aea Meteor Track Club

Relay / Team Records

Update Season Ending 9/13/2003

Corporate National Events

**3 Lap Sprint (200,200,400,400 /1F,3M)**

- 1) 2:38.01 Terita Norton,Randy Kendall,Robert Davis,Brian Gore (28.7,25.0,52.5,51.8) - 7/98, USCAA Nationals,Santa Barbara
- 2) 2:41.1 Brian Gore,Jennifer O'Connor,Randy Kendall,Jim Mshar (24.3,28.4,55.7,52.7) - 6/93, SCCAA Regionals,Rancho Santiago College
- 3) 2:41.55 Dianne Coleman,Alan Gordon,Jim Mshar,Robert Davis (30.9,25.6,52.6,52.0) - 7/93,USCAA Nationals,Seattle

**Sprint Relay (200,200,400,200 /2F,3M,1M40+)**

- 1) 3:37.1 Jennifer O'Connor,Kelly Van De Pol n/a,Robert Davis,Brian Gore,Dave Jones,James Barber (30.7,29.1,52.1,52.4,28.2,24.5) - 7/95, USCAA Nationals,Des Moines
- 2) 3:37.9 Joanne Konrad,Dave Jones,Robert Davis,Brian Gore,Anita Boone,David Norwood (29.7,27.8,53.5,52.4,29.3,25.3) - 7/91, USCAA Nationals,Santa Barbara
- 3) 3:38.7 Dianne Coleman,Dave Jones,Jim Mshar,Robert Davis,Anita Boone,Brian Gore (30.1,27.5,55.2,52.8,28.8,24.3) - 7/91, USCAA Nationals,Santa Barbara

**4 x 100 Relay (2M,2F,1 runner 40+,1 runner 50+)**

- 1) 53.9 Jennifer Long,Terita Norton,David Norwood,Randy Kendall ~(15.1,13.9,12.0,12.9) - 7/03, USCAA Nationals,San Ramon,CA
- 2) 56.17 Brian Lenertz,Kim O'Neill,Evelyn Davalos,Dan Sebo (?,?,?,?) - 7/96, USCAA Nationals,San Diego
- 3) 56.9 Ivy Harrell,Terita Norton,Chuck Gustafson,David Norwood ~(18.5,13.4,12.?,12.?) - 7/99, USCAA Nationals,Los Gatos

**Pyramid Relay (400,800,1200,800,400 /2F,3M)**

- 1) 9:33.5 Katie Cunningham,Jim Mshar,Robert Davis,Brian Gore,Anita Boone (63.9,2:08.2,3:12.0,2:05.1,64.4) - 7/91, USCAA Nationals,Santa Barbara
- 2) 9:39.2 Jennifer O'Connor,Randy Kendall,Robert Davis,David Norwood,Kelly Van De Pol n/a (68.7,2:08.2,3:11.6,2:05.9,64.0) - 7/95, USCAA Nationals,Des Moines
- 3) 9:44.70 Katie Meyer(a),Robert Davis,Nick Conway,Andy Homoly,Andrea Austin (69.9,2:07.6,3:06.0,2:11.6,69.6) - 7/01, USCAA Nationals,Renton,WA

**Men's Team Mile (Mile+Mile sum /2M)**

- 1) 9:10.3 Robert Davis,David Norwood (4:27.9,4:42.4) - 7/94, USCAA Nationals,Waterville
- 2) 9:14.99 Robert Davis,Brian Gore (4:33.4,4:41.5) - 7/96, USCAA Nationals,San Diego
- 3) 9:20.51 Nick Conway n/a,Robert Davis (4:35.21,4:45.30) - 7/01, USCAA Nationals,Renton,WA

**Women's Team 800 (800+800 sum /2W)**

- 1) 4:59.0 Katie Cunningham,Anita Boone (2:17.9,2:40.1) - 7/89, SCCAA Regionals,Gahr High,CA
- 2) 5:09.15 Katie Meyer,Kristi Darby (2:33.31,2:35.84) - 7/02, USCAA Nationals,Sacramento,CA
- 3) 5:16.61 Katie Cunningham,Andrea Austin (2:35.5,2:42.0) - 7/98, USCAA Nationals,Santa Barbara

**Sub-Master's Distance Relay (800,400,1200,1600 /2M35+,1M30+,1F30+)**

- 1) 11:25.30 Greg Lash,Andrea Austin n/a,David Norwood,Brian Gore (2:15.7,64.8,3:27.6,4:37.2) - 7/98, USCAA Nationals,Santa Barbara
- 2) 11:34.21 Dave Jones,Luis Gorordo,Katie Cunningham,Gary McGraw (2:15.2,64.0,3:38.3,4:36.5) - 7/89, USCAA Nationals,Des Moines
- 3) 11:41.67 Greg Lash,Katie Meyer,Randy Kendall,David Norwood (2:14.7,68.1,3:29.2,4:49.7) - 7/97, USCAA Nationals,San Diego

**Master's Plus Relay (800,400,800,200,200 / F40+,3M40+,1M50+)**

- 1) 6:34.22 Randy Kendall,Greg Lash,Ed Arenberg,Jennifer Long,David Norwood (2:16.5,61.9,2:17.5,31.9,26.5) - 7/03, USCAA Nationals,San Ramon, CA
- 2) 6:40.4 Greg Lash,John Meyer,David Norwood,Malina Hills,Jim Hecht (2:17.7,61.8,2:13.6,34.4,32.9) - 8/00, USCAA Nationals,Renton,WA
- 3) 6:40.80 Greg Lash,Brian Lenertz,Kirk Nygren,Katie Meyer,Bruce Timmer (2:15.9,63.9,2:20.7,32.7,27.6) - 7/98, USCAA Nationals,Santa Barbara

**President's (800,400,800 /3Pres, all 35+)**

- 1) 7:42.27 Bill Hiatt,George Paulikas,Steve Burrin (3:01.9,88.8,3:11.6) - 7/98, USCAA Nationals,Santa Barbara
- 2) 8:07.03 Dave Evans,George Paulikas,Steve Burrin (3:38.1,83.3,3:05.6) - 7/96, USCAA Nationals,San Diego
- 3) 8:34.1 George Paulikas,Janet Rausch,Steve Burrin (3:23.2,03,3:08) - 7/97, USCAA Nationals,San Diego

**"Old" Senior's Relay (400,200,600 /1F,2M, all 50+)**

- 1) 3:32.6 Ken Morrison,Carol Schauerman,Luis Gorordo (70.4,36.8,1:45.4) - 7/91, USCAA Nationals,Santa Barbara
- 2) 3:39.44 Jim Hecht,Chiquita Stockton,Greg Lash (73.8,45.8,1:39.8) - 7/03, USCAA Nationals,San Ramon,CA
- 3) 4:02.3 Bert Larkin,Joann Bally,John Feyk (74.5,43.7,2:04.1) - 8/88, USCAA Nationals,Stanford

**Women's Relay (800,400,400 /2F,1F30+) total ages 90 or above**

- 1) 4:30.2 Katie Cunningham,Pam Coxson,Anita Boone (2:18.0,67.7,64.5) - 8/88, USCAA Nationals,Stanford
- 2) 4:34.1 Anita Boone,Joanne Konrad,Katie Cunningham (?,?,?) - 7/91, USCAA Nationals,Santa Barbara
- 3) 4:34.71 Katie Cunningham,Dianne Coleman,Anita Boone (2:17.9,72.7,63.7) - 7/89, USCAA Nationals,Des Moines

**4x200m Relay (40+,50+,1F,1M)**

- 1) 1:49.19 David Norwood,Greg Lash,Terita Norton,Brian Gore (26.4,27.8,31.3,23.7) - 7/03, USCAA Nationals,San Ramon,CA
- 2) 1:51.55 Dave Jones,Wayne Sult,Jennifer O'Connor,Brian Gore (29.4,29.7,28.8,23.4) - 7/93,USCAA Nationals,Seattle
- 3) 1:52.2 Kirk Nygren,Bruce Timmer,Jennifer O'Connor,Randy Kendall (27.2,28.6,29.8,26.6) - 7/97, USCAA Nationals,San Diego

**Team Throw (Discus & Shot Put)**

- 1) 2138 Terry Olson,Wayne Sult (DT 450,416; SP 666,606) - 7/02, USCAA Nationals,Sacramento
- 2) 2087 Bruce Timmer,Wayne Sult(DT 457,386; SP 631,613) - 7/01, USCAA Nationals,Renton,WA
- 3) 2073 Bill Kruse,Terry Olson (DT 453,403; SP 594,623) - 7/97, USCAA Nationals,San Diego

**Team Jump (Long Jump)**

- 1) 1379 Terita Norton,Bruce Timmer (715,664) - 7/98, USCAA Nationals,Santa Barbara
- 2) 1317 Dan Orozco,Greg Lash (734,583) - 6/86, SCCAA Regionals,Northridge
- 3) 1302 Terita Norton,Brian Gore (716,586) - 7/99, USCAA Nationals,Los Gatos

aea Meteor Track Club

Relay / Team Records

Update Season Ending 9/13/2003

Additional Team Relay Events

- 4 x 100 (Men)**  
45.08 Jim Nakamura, Juan Swinton, Dominac Halsmer, Aubrey Flowers - '84
- 4 x 100 (Co-ed)**  
50.19 Virginia Rogers, Jim Nakamura, Don Mundy, Jeffery Childs (14.9, 12.7, 12.0, 10.8) - 6/86, Corporate Relays, Long Beach
- 4 x 200 (Men)**  
1:40.73 Jim Nakamura, Dominic Halsmer, Don Masturzo, Juan Swinton - '84, Corporate Relays, Dominguez Hills
- 3 x 200 (Women)**  
1:32.24 Margie Homer, Virginia Rogers, Myra Watts - 5/87, Corporate Relays, Gahr High
- 4 x 400 (Men)**  
3:39.5 Brian Gore, Randy Kendall, Robert Davis, David Norwood (53.3, 57.4, 52.5, 56.3) - 7/94, Birmingham All Comers Meet
- 4 x 400 (Co-ed)**  
3:55.93 Katie Cunningham, Don Mundy, Jack Syage, Juan Swinton (64.5, 58.1, 54.6, 59.1) - 6/86, Corporate Relays, Long Beach
- 4 x 800 (Men)**  
8:42.1 Brian Gore, Chuck Gustafson, David Norwood, Robert Davis (2:09.8, 2:20.3, 2:10.4, 2:01.6) - 2/95, Sunkist Indoor Corporate Relay, Los Angeles
- 4 x 800 (Co-ed) {Sunkist/LA Indoor Invitational}**  
9:41.8 Brian Gore, Kim O'Neill, David Norwood, Robert Davis (2:08.7, 3:06.3, 2:19.3, 2:08.0) - 1/96, LA Indoor Invitational, Los Angeles
- 4 x 2 Mile (Co-ed) {Heart of the Hill Relay}**  
48:30 Brian Gore, Michele Mische, David Norwood, Robert Davis (12:25, 14:05, 11:35, 10:25) - 10/94, Palos Verdes Road Race
- Sprint Relay - Long (200,200,400,800)**  
3:44.2 Brian Gore, James Barber, David Norwood, Robert Davis (24.5, 25.7, 55.9, 1:58.1) - 02/95, Long Beach Meet
- Las Vegas Relay Marathon (4x5mi, 10K)**  
2:56:18 Robert Davis, Enold Pierre-Louis, Brian Gore, Andrea Austin, Greg Lash (32:30, 32:00, 33:20, 36:10, 42:18) - 02/00, Las Vegas Relay Marathon

Nationals Host Events

- Tactical Team 3200 (1600, follow 1600 then 800, follow 2400 then 800)**  
1) 10:27.49 Katie Meyer, Greg Lash, Nick Conway n/a (5:45.2, 2:47.3, 1:55.0) - 7/01 USCAA Nationals, Renton, WA
- Y2K (800, 800, 400 /30+, F, 40+) {Host Nationals Event}**  
1) 5:27.92 Greg Lash, Robert Davis, Andrea Austin n/a (2:16.9, 2:04.2, 66.8) - 8/00 USCAA Nationals, Renton, WA
- Decade Mile (4x400 2F, 2M /20+, 30+, 40+, 50+) {Host Nationals Event}**  
1) 4:30.9 Anita Boone, Carol Schauerman, Dave Jones, Gary McGraw (64.4, 93.5, 58.0, 55.1) - 7/90, USCAA Nationals, Boulder  
2) 4:32.4c Dave Jones(50c), Evelyn Davalos(40c), Jennifer O'Connor, Brian Gore (65.3c, 83.3c, 69.9, 53.9) - 6/95, Bay Area Regionals, Palo Alto  
3) 5:07.8 Kelly Van De Pol n/a, Jim Hecht, Carmelita Norwood-Fields, Luis Gorordo (65.0, 68.3, 106.8, 67.7) - 7/95, USCAA Nationals, Des Moines
- Repeat Relay (400, 400, 800, 800, 400, 400 alternating with 1W+1M) {Host Nationals Event}**  
1) 11:21.3 Becky Parker(88.9, 3:25.1, 97.9, David Norwood(69.9, 2:27.0, 72.5) - 7/99, USCAA Nationals, Los Gatos

Outdated National Events

- Executive Relay short (800, 400, 1600 /30+ manager of managers)**  
1) 8:55.5 Dave Jones, Karl Hering, Luis Gorordo (2:15.9, 74.3, 5:25.1) - '90, SCCAA Regionals
- Executive Relay long (800, 400, 1600, 3200 /30+ manager of managers)**  
1) 20:21.24 Dave Jones, Dan Orozoo, Jesse Cook, Luis Gorordo (2:23.7, 59.0, 5:22.4, 11:36.1) - 6/86, SCCTA Regionals, Northridge
- Master's Relay short (800, 400, 800 /40+)**  
1) 5:43.62 Dave Jones, Geoff Smit, Luis Gorordo (2:16.9, 62.2, 2:24.7) - 7/86, USCAA Nationals, UCLA
- Sub-Master Sprint Relay (200, 200, 400, 800 /1F, 1M30+, 2M35+)**  
4:15.2 Randy Kendall, Evelyn Davalos, David Norwood, Greg Las n/a (26.1, 33.7, 57.6, 2:17.7) - 6/95, Bay Area Regionals, Palo Alto
- Women's Team 5K Road (2 runners)**  
1) 1660 fpts Vivienne Nixon-Lash, Katie Meyer ([841]W45-23:13, [819]W45-24:28) - 7/03, USCAA Nationals, San Ramon, CA  
2) 1646 Molina Hills, Laurie Fischburg n/a ([823] W40-23:11, [823] W30-21:56) - 8/00, USCAA Nationals, Renton, WA  
3) 1613 Belinda Holguin, Ann Woodin ([810]W30-22:36, [803]W30-22:59) - 7/86, USCAA Nationals, Los Angeles

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- President's Relay -long (800, 400, 1600 /3Pres, all 35+)**  
1) 10:07.8 George Paulikas, Steve Burrin, Dick Leslie (2:52.1, 73.8, 6:01.9) - 8/88, USCAA Nationals, Stanford  
2) 10:22.26 George Paulikas, Joe Ward, Dick Leslie (2:53.7, 83.0, 6:05.7) - 7/87, USCAA Nationals, Boston  
3) 10:51.59 George Paulikas, Joe Ward, Steve Burrin (2:50.7, 90.9, 6:29.9) - 7/89, USCAA Nationals, Des Moines
  - Senior's Relay -avg 50 (400, 200, 600 /1F, 2M) min. 40, total ages 150 or above**  
1) 3:32.6 Ken Morrison, Carol Schauerman, Luis Gorordo (70.4, 36.8, 1:45.4) - 7/91, USCAA Nationals, Santa Barbara  
2) 3:34.9 Luis Gorordo, Ivy Harrell, Greg Lash (73.2, 40.0, 1:41.8) - 7/99, USCAA Nationals, Los Gatos  
3) 3:39.0 Dave Jones(50c), Carmelita Norwood-Fields, Luis Gorordo (64.8c, 42.5, 1:51.7) - 7/95, USCAA Nationals, Des Moines

Outdated Sunkist Invitational Events

- Sunkist Indoor Corporate Relay - Long (320, 320, 640, 640, 320 yds /1F, 3M, 1M40+)**  
1) 5:10.5 Jennifer O'Connor, Brian Gore, David Norwood, Randy Kendall, Greg Lash n/a - 2/93
- Sunkist Indoor Corporate Relay - Short (320, 640, 640, 320 yds /1F, 2M, 1M40+)**  
1) 4:27.9 Dianne Coleman, Bill Gail, Randy Kendall, Dave Jones (50.0, 1:24.8, 1:30.1, 43.0) - 2/89

**"Hardware Hams" - Most Appearances on the Age Group Records Page**

<b>25</b> Katie (Cunningham) Meyer	<b>3</b> Brian Lenertz	<b>1</b> Becky Urrea
<b>16</b> David Norwood	. Bruce Timmer	. Belinda Holguin
. Luis Gorordo	. Dick Leslie	. Bernie Yoo
<b>14</b> Brian Gore	<b>2</b> Anne Timmer	. Bill Kruse
. Greg Lash	. Bill Gail	. Brian Trebelcock
<b>8</b> Robert Davis	. Chris Jagers	. Carol Schauerman
<b>7</b> Dave Jones	. Dan Orozco	. Chiquita Stockton
<b>6</b> Claudia (Norwood) Cross	. Gary McGraw	. D. Cirilo-Parker
<b>5</b> Anita Boone	. James Barber	. Don O'Bell
. James Morehart	. Jeff Childs	. Donald Croley
. John Feyk	. Jim Hafford	. Douglas Moody
. Wayne Sult	. Marilyn Duley	. Evelyn Davalos
<b>4</b> Carmelita Norwood-Fields	. Terita Norton	. George Paulikas
. Jennifer (O'Connor) Long	. Terry Olson	. Jesse Cook
. Joann Bally		. Larry Ward
. Karl Hering		. Margie Homer
		. Molina Hills
		. Peter Bright
		. Randy Kendall
		. Rob Carter
		. Sari Caratozolo
		. Steve Mager
		. Teresa Moore
		. Virginia (Rogers) Bixler



**"Batton Stars" - Most Appearances on National Relay Records Page**

- |                                    |                            |                            |
|------------------------------------|----------------------------|----------------------------|
| <b>12</b> Katie (Cunningham) Meyer | <b>3</b> Andrea Austin n/a | <b>1</b> Alan Gordon       |
| <b>11</b> Brian Gore               | . Dianne Coleman           | . Ann Woodin               |
| . Robert Davis                     | . George Paulikas          | . Belinda Holguin          |
| <b>10</b> David Norwood            | . Jim Hecht                | . Bert Larkin              |
| <b>8</b> Greg Lash                 | . Joann Bally              | . Bill Hiatt               |
| <b>7</b> Anita Boone               | . John Feyk                | . Bill Kruse               |
| . Jennifer (O'Connor) Long         | . Nick Conway n/a          | . Carmelita Norwood-Fields |
| . Randy Kendall                    | . Steve Burrin             | . Carol Schauerman         |
| <b>6</b> Terita Norton             | . Wayne Sult               | . Chuck Gustafson          |
| <b>5</b> Dave Jones                | <b>2</b> Andy Homoly n/a   | . Dan Orozco               |
| <b>4</b> Bruce Timmer              | . Brian Lenertz            | . Dan Sebo                 |
| . Jim Mshar                        | . Chiquita Stockton        | . Dave Evans               |
| . Luis Gorordo                     | . Joanne Konrad            | . Dora Vallarta            |
|                                    | . Kelly Van De Pol n/a     | . Ed Arenberg n/a          |
|                                    | . Kirk Nygren              | . Evelyn Davalos           |
|                                    | . Terry Olson              | . Gary McGraw              |
|                                    |                            | . Ivy Harrell              |
|                                    |                            | . James Barber             |
|                                    |                            | . Janet Rausch             |
|                                    |                            | . Jesse Cook               |
|                                    |                            | . Jim Hafford              |
|                                    |                            | . John Meyer n/a           |
|                                    |                            | . Ken Morrison             |
|                                    |                            | . Kim O'Neill              |
|                                    |                            | . Kristi Darby n/a         |
|                                    |                            | . Malina Hills             |
|                                    |                            | . Vivienne Nixon-Lash n/a  |

aea Meteor Track Club

Legendary Performances

Update Season Ending 9/13/2003

<b>MEN</b>	<b>ffpts</b>	<b>Performance</b>	<b>Alternate Event</b>	<b>WOMEN</b>	<b>ffpts</b>	<b>Performance</b>	<b>Alternate Event</b>
Jeff Childs	905	(87 M30 11.0 / 100m)	902 (87 M30 22.3 / 200m)	Katie (Cunningham) Meyers	934	(89 W30 9:44.7 / 3000m)	927 (89 W30 4:31.0 / 1500m)
Robert Davis	904	(95 M20 4:03.2 / 1500m)	902 (94 M20 1:57.8 / 800m)	Anita Boone	897	(90 W20 4:48.2 / 1500m)	888 (90 W20 2:21.4 / 800m)
Brian Gore	887	(02 M35 2:04.9 / 800m)	881 (02 M35 53.3 / 400m)	Terita Norton	866	(98 W20 16:5.25 / LJ)	840 (98 W20 28.7 / 200m)
John Feyk	885	(87 M60 1:29:45 / H-Mar)	884 (87 M60 19:20 / 5K)	Jennifer O'Connor	849	(93 W30 65.2 / 400m)	847 (94 W30 20:43 / 5K)
Gary McGraw	884	(86 M20 4:31.5 / Mile)	881 (86 M20 2:01.6 / 800m)	Myra Watts	836	(87 W30 28.9 / 200m)	802 (87 W30 14.8 / 100m)
Greg Lash	882	(94 M40 3:27.0 / 1200m)	882 (93 M40 2:10.2 / 800m)	Dianne Coleman	833	(? W20 21:23 / 5K)	818 (88 W20 29.9 / 200m)
Dave Jones	882	(91 M45 2:15.1 / 800m)	859 (90 M40 4:37.1 / 1500m)	Margie Homer	831	(86 W20 29.2 / 200m)	817 (86 W20 69.0 / 400m)
David Norwood	881	(95 M35 2:05.9 / 800m)	880 (95 M35 4:39.9 / Mile)	Virgina (Rogers) Bixler	829	(87 W20 67.4 / 400m)	810 (86 W20 14.6 / 100m)
Chris Jagggers	881	(89 M20 15:46 / 5K)	876 (89 M20 9:52 / 2Mile)	Pam Coxson	828	(88 W20 67.5 / 400m)	815 (88 W20 30.1 / 200m)
Luis Gorordo	876	(94 M55 18:43 / 5K)	876 (95 M55 39:11 / 10K)	Maiina Hills	828	(89 W30 21:40 / 5K)	823 (00 W40 23:11 / 5K)
Dan Fernandez	875	(87 M20 4:35.4 / Mile)	860 (87 M20 16:20 / 5K)	Joanne Nygren	827	(87 W20 21:44 / 5K)	826 (92 W20 67.8 / 400m)
Randy Kendall	874	(98 M35 2:07.3 / 800m)	850 (99 M35 3:30.1 / 1200m)	Judy Hicks	826	(84 W30 6:03.5 / Mile)	792 (83 W30 2:53.5 / 800m)
Bill Gail	873	(90 M30 4:36.5 / Mile)	871 (90 M30 4:16.1 / 1500m)	Marilyn Duley	818	(83 W20 22:10 / 5K)	799 (83 W20 14:13.0 / 2Mile)
Jesse Cook	869	(86 M45 36:37 / 10K)	863 (86 M45 2:52:26 / Mar)	Belinda Holguin	817	(96 W40 23:31 / 5K)	796 (95 W40 4:02:40 / Mar)
Dan Orozco	868	(86 M35 19:0.25 / LJ)	833 (86 M35 5:2.0 / HJ)	Sari Caratozolo	808	(86 W35 3:47:08 / Mar)	717 (85 W35 3:35.0 / 800m)
Dick Leslie	865	(87 M55 1:28:51 / H-Mar)	859 (88 M55 40:23 / 10K)	Ann Woodin	806	(87 W30 22:50 / 5K)	801 (86 W30 30.9 / 200m)
Geoffrey Smit	865	(91 M45 2:18.6 / 800m)	823 (85 M40 1:25:55 / H-Mar)	Joann Bally	798	(88 W50 26:52 / 5K)	796 (88 W50 2:06:08 / H-Mar)
Jim Mshar	864	(93 M20 52.6 / 400m)	861 (93 M20 2:05.3 / 800m)	Elizabeth Ewens	797	(86 W20 1:50:28 / H-Mar)	774 (83 W20 3:00.0 / 800m)
James Morehart	862	(99 M40 17:02 / 5K)	845 (99 M35 2:47:48 / Mar)	Mary Guerrero	797	(86 W20 1:50:28 / H-Mar)	
Jim Hafford	860	(88 M40 35:48 / 10K)	842 (87 M40 17:37 / 5K)	Carol Schauerman	796	(92 W55 28:26 / 5K)	790 (91 W50 36.8 / 200m)
Lenertz,Brian	857	(96 M40 HJ )		Davalos,Evelyn	793	(97 W40 200 )	
Timmer,Bruce	856	(01 M55 SP )		Newton,Mame	785	(92 W20 5K )	
Barber,James	856	(94 M35 LJ )		Stockton,Chiquita	780	(03 W50 10k)	
Olson,Terry	855	(03 M65 SP )		Cirilo-Parker,D.	779	(88 W35 H-Mar )	
O'Bell,Don	854	(89 M60 SP )		Nelson,Nicki	778	(98 W50 5K )	
Carter,Rob	853	(88 M20 H-Mar )		Grant,Dawn	776	(85 W20 200 )	
Croley,Donald	849	(87 M50 Mar )		Timmer,Anne	774	(1 W50 400 )	
Sult,Wayne	849	(01 M55 SP )		Norwood-Fields,Carmelita	753	(88 W35 5K )	
Swinton,Juan	845	(86 M20 200 )		Ling,Lin	753	(87 W40 200 )	
Syage,Jack	842	(86 M30 400 )		Moore,Teresa	750	(99 W30 100 )	
Hicks,Wally	839	(88 M20 200 )		Gore,Adora	750	(95 W30 100 )	
Nakamura,Jim	839	(91 M35 200 )		Urrea,Becky	749	(88 W30 5K )	
Hathaway,Keith	837	(84 M20 Mile )		Cross(Norwood),Claudia	748	(93 W35 SP )	
Kruse,Bill	837	(96 M65 DT )		Brooks,Suzanne	748	(85 W30 2Mi )	
Gustafson,Chuck	835	(95 M35 800 )		Harrell,Ivy	745	(97 W40 5K )	
Hellenga,Gary	835	(95 M35 Mile )		Morrison,Alycia	743	(85 W20 100 )	
Masturzo,Don	835	(88 M35 1200 )		Swarts,Carlene	741	(83 W20 400 )	
Schnare,Dick	834	(85 M40 10K )		Vallarta,Dora	737	(88 W50 5K )	
Andrew,Brian	833	(92 M20 200 )		Moser,Judy	732	(85 W40 400 )	
Halsmer,Dominic	833	(84 M20 400 )		Ward,DeeDee	730	(98 W35 200 )	
Guerrini,Steve	833	(03 M30 Mile)		Rausch,Janet	726	(97 W50 5K )	
Hecht,Jim	832	(96 M45 10K )		Elwell,Sandy	725	(87 W20 5K )	
Nygren,Kirk	831	(98 M40 800 )		Moke,Alice	719	(87 W20 5K )	
Cassen,Quent	830	(85 M40 10K )		Willoughby,Karen	705	(92 W20 LJ )	
Schmitt,Dave	830	(83 M20 2Mi )		Stetzel,Norma	694	(88 W40 200 )	
Trebelcock,Brian	829	(93 M30 200 )		Berkheimer,Terri	666	(85 W30 2Mi )	